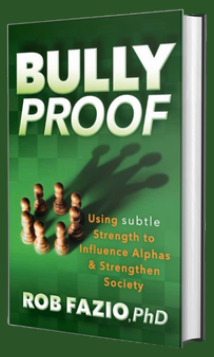
ON POINT ADVISING

HOW Worksheet



What I want to accomplish Why I want to accomplish it	
When I want to accomplish it	
Habit that take me away from my objective	Text
Habits that take me closer to my objective	
Obstacles (internal)	
Way forward	1. 2. 3. 4. 5.
Who will help me with my HOW	

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